

# Packing for a holiday

## check list

Tick off the essentials you'll need for your trip to avoid leaving behind important items

### The Basics

- Tickets
- Passports
- Itinerary
- Car rental info
- Accommodation info
- Cellphone/charger
- Two-prong plug adaptor
- Foreign currency
- Wallet/purse
- Medication

### Clothing

- Underwear
- Shirts
- Pants/shorts
- Socks
- Warm tops
- Pyjamas
- Shoes
- Black tie outfits (if applicable)

### Toiletries

- Shampoo/conditioner
- Soap/cleansers
- Toothbrush
- Toothpaste
- Floss
- Cosmetics
- Deodorant
- Brush
- Shaving kit

### For the Children

- Pram
- Nappies, wipes, changing mat
- Nappy bag
- Food/formula
- Bottles/sippy cups
- Bibs
- Medicines
- Toys/games
- Blanket
- Books/activity books

### Beach Holidays

- Swimming costume
- Sunscreen
- After-sun lotion
- Beach towels
- Umbrella
- Goggles
- Beach toys
- Sun hat

### Miscellaneous

- Jewellery
- Hairdryer
- Video recorder/charger
- Camera/charger
- Sunglasses
- Travel guidebooks
- First-aid kit
- Books

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SOUTH AFRICA'S BEST GUIDE FOR PARENTS



# Holiday planning

Dates:.....

Place:.....

Budget:.....

Getting there:

Car rental:

Accommodation:

Itinerary:

What to pack:

Recommended sights/eating out:

Miscellaneous: